



**Please read some comments made by FISH Shelter residents...telling our story firsthand.**

*"The respect that the staff at FISH gives to Vets is like nothing I've ever felt before. Makes me proud, makes me want to improve my life. I feel upbeat, positive, healthy - not like I was before coming here. They're awesome."*

*~Michael~*

*"FISH has helped me out so much, and has put smiles on my kids' faces. FISH staff are glad that I'm safe, and in a place where people truly care for you. They try their best to make you the best you can be to better yourself."*

*~Dave~*

*"I bounced between friends' homes until I found myself living in a tent. I have been blessed at FISH with a roof over my head, a warm bed, and food in my stomach. FISH has given me hope and I'm beyond grateful."*

*~Devon~*

*"I became homeless when the bank foreclosed on my apartment building. I lived in my car. FISH gave me shelter. Since, I've secured employment and am looking for housing."*

*~Corrine~*

*"I can never forget what FISH Shelter did for me and my son. They provided employment and housing services, and now I'm in my own apartment. I had never been homeless, but FISH staff made my stay very comfortable and welcoming."*

*~Hannah~*

*"I lost my job of 10 years due to medical issues. If it wasn't for the FISH Shelter I probably would be dead, unable to survive on the streets."*

*~Jim~*

*"Assistance at FISH has made it possible for me to find work and regain my ability to pay rent and bills on my own. I'm grateful to the FISH Shelter for their life-changing support during a time of crisis in my life."*

*~John~*

*"I have two beautiful children who are 2 and 6 years old. With the FISH Shelter's help, I've been able to get back on my feet. They helped me to achieve housing and a job. I would not have been able to do it without all the love and support from the FISH Shelter staff."*

*~Renee~*

We recognize the courage it takes to come forward and humbly ask for help. Every homeless person is an individual facing tough economic times; and every hungry family has their own unique story.

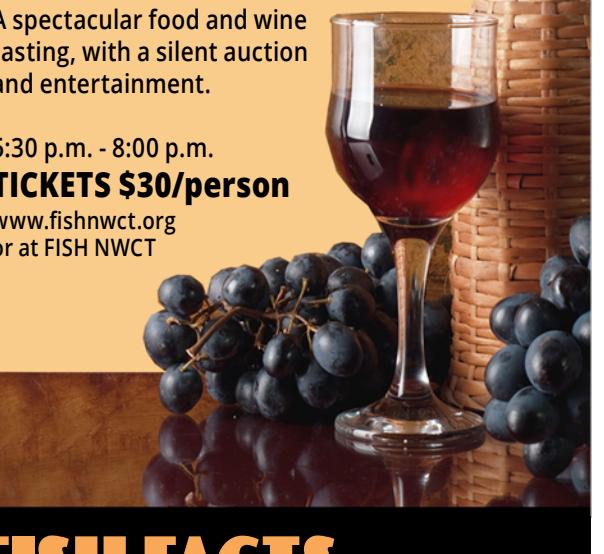
A Gala Celebrating Food, Wine and the Spirit of Giving to a Great Cause!

5TH ANNUAL  
*A Tasteful Event*  
Wednesday, May 6, 2020  
TORRINGTON ELKS CLUB  
TORRINGTON, CT

A spectacular food and wine tasting, with a silent auction and entertainment.

5:30 p.m. - 8:00 p.m.

**TICKETS \$30/person**  
[www.fishnwct.org](http://www.fishnwct.org)  
or at FISH NWCT



## FISH FACTS IN 2018-2019

### We at FISH NWCT...

see daily the very human, social welfare challenges of families, individuals and veterans facing life crisis. We strive to restore the confidence and self-worth of those who are the most vulnerable and seek our help.

### FISH Food Pantry

- 113,841 meals distributed (year ending 9/30)
- 657 families enrolled to receive food representing 1,506 individuals

### FISH Emergency Homeless Shelter (35 beds)

- Total # of bed nights = 10,879
- Permanent housing was found for 40 shelter residents
- Total Served: 71 adults, 17 veterans, 13 children  
= 101 Total Residents

### OTHER WAYS TO HELP FISH

Shop at AmazonSmile and have 0.5% of your purchase price donated to your chosen charity.

Consider making a legacy gift of support.  
Create a FaceBook "Birthday Donation" Link

Find your own personal way to assist the hungry and the homeless.