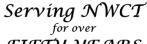
# FISH • Friends in Service to Humanity of Northwestern Connecticut

"Providing the most basic of human needs... food, shelter & hope"



FIFTY YEARS

With an open door and an open heart.



332 South Main Street **Torrington, CT 06790** Office 860.482.7300 Fax 860.489.4807 info@fishnwct.org

#### **Equipment Wish List**

Standard hedge shears, A wheelbarrow, Brooms - indoor & outdoor

Basic hammers, screw drivers, measuring tape, allen wrench hex sets, socket sets, tool sets, shed hangers/hooks, bungees A hand-truck that can go up stairs, appliance hand truck, good condition hand trucks, fold-up card tables, grass seed A small / basic electric Kobalt snow blower, Kobalt Electric Mini Chain Saw, an electric stove

Leaf bags, Backbraces, Work gloves and gardening gloves, folding personal shopping basket carts, cellar doors Cigarette Receptacle / Outdoor ashtray bin / Smoker's station, non-alcohol hand sanitizer, non-alcohol mouthwash Mats & rugs for commercial purposes, Small new clean rugs for apartments, functional bicycles for kids & adults

#### **Apartments Supply List**

Vacuum (ready-to-use) A/C & clean fans Broom Standing dust pan Floor squeegee Mop & Bucket All purpose antibacterial or Clorox spray Dish Sponge Dish Liquid Hand Soap

Dish drying rack Dish pan/bucket Paper towels Toilet Paper Rolls Garbage bins of different sizes (clean) Garbage bag rolls Child flatware Kids drinking glasses Shampoo Conditioner Bodywash

Bedding - Single Size Fitted Sheet Flat Sheets Comforter **Pillows** Pillow cases Towels Wash Cloths **Hand Towels New Plungers Shower Curtain Dusters** 

Simple Mirrors Tissue boxes **Basic Napkins DVDs & DVD Players** Flat Screen TVs Phone Charger Tampons & Pads Fold-up TV dinner tables Small side tables Small TV stands Microwave & microwave stand

Standard Light bulbs

Sensory Toys **Fidgets** Pop-its Squishy balls Squishmallows **Art Supplies** 

**Popular Toys** (Distributed mid-December) **Drawing Supplies** Legos (NO DUPLOS) Sketch Books Wrestling Pencils & Sharpeners Unicorn Journals Dinosaurs **Barbies** Pokemon

Hunting, Fishing, Camo (NO WEAPONS OR KNIVES) Camping Equipment Winter gloves for teenagers

#### Care Package

6 Q Tips Moisturizer 2 Razors 1 Bar Soap Chapstick Shampoo Conditioner **Bandaids** Shaving cream **Body Wash** Toothbrush Combs Tissues Toothpaste **Deodorant** Insect Repellent Sunblock Underwear & socks Antiseptic wipes Bottle water (May-Sept) Toe & Hand Warmers Luggage bags Nail clippers Flashlight Umbrella Poncho

**Backpacks** Lunch bag Ziplock bags of different sizes

Towel & Washcloth

AA & AAA Batteries

### **Groceries**

peanut butter jelly macaroni & cheese chicken noodle soup soups with meat cream soups vegetable soup Ramen noodle soup any stew / chili

**Chef Boyardee** different cans of beans Garbanzo beans / chick peas White or red beans Black beans Baked beans cans of tomato sauce iars tomato sauce Spaghetti

Cereal, Granola/Protein Bars side dishes (packaged) other pasta white rice or other bag of rice different canned fruit Canned Pears or Peaches Canned Pineapple Canned mixed fruit / other **Applesauce** 

bottled water (May-Sept) upcoming holiday foods canned corn canned green beans canned peas canned other veggies cans of tuna canned chicken & meats coffee

When delivered immediately, FISH greatly appreciates donations of commercially prepared foods, fresh fruits and veggies, dairy, meats and frozen meals.

> www.fishnwct.org facebook.com/fishnwct Revised 1/16/2023

## **Services**

FISH would greatly appreciate services including:

- Door repair and replacement
- Stump grinding
- Roof Cleaning

- Installation of a solar powered light attachment on the top of a flagpole, requiring a bucket truck or a 30 foot ladder
- Continuous storage space for furniture like mattresses, tables, chairs.

## These items







# Hold a drive for food or personal items:

## Collect items at a school or organization

- Speak with a teacher, principal, or company manager.
- Make posters, ask friends, and post online to encourage donations to the drive
- Hand out FISH NWCT item lists
- Have boxes for collecting items in designated areas
- Involve the entire school or organization in your project
- Have FUN!!!!

## Collect items from in front of a store

- Speak to a manager at your chosen store and agree on a good date and time for the drive
- Make a list of things you will need to bring with you on the day of the food drive
- Table and chairs, boxes and bags, and the FISH NWCT suggested item donation lists to hand out
- Give lists to people as they enter, and collect donations as they leave
- A donation jar or bake sale for possible cash donations

Items can be donated to FISH Monday-Friday, 8:30 AM-4:30 PM at our dock in the parking lot on Brooker Street in Torrington.

(Donations during other hours may be arranged)

### **FISH NWCT Facts 2021-2022:**

- 109,450 total meals were distributed
- 594 families were enrolled to receive assistance representing 1,200 individuals
- In the shelter, 7121 total bed nights were provided
- Individuals Served: 53 adults, 14 veterans, 10 children, totaling 73 residents

If you would like to volunteer or plan for community service in Torrington CT please call Dan at FISH NWCT: 860-482-7300